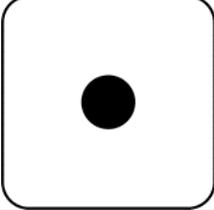


Roll an exercise

Roll the dice and do the corresponding activity.
Repeat 10 times.

	10 jumping jacks
	10 toe touches
	10 burpees
	10 butt kicks
	10 high knees
	Run on the spot for 10 seconds