

	<b>B</b>	<b>I</b>	<b>N</b>	<b>G</b>	<b>O</b>
April 6 to 10	Virtual Run	10's on Tuesday workout	Soccer Kick Sockball or Soccer ball	Rolling or striking of an object/Bowling	Leap Over objects or lines on the ground
April 13 - 17	I spy activity, go for an adventure	Spot it Fitness Activity that was on April 14 <sup>th</sup>	Catch, Water balloon, sockball, baseball, how far can you get apart	Create your own balance or balance beam or balance obstacle course	Juggle, Learn to juggle or try juggling
April 20 - 24	Bounce, Ping pong ball or tennis ball bounce into a target	Ghostbusters fitness Perform a burpee every time you hear the word ghostbusters	Striking by numbers, Roll a die and strike an object that many times. Do this for 10 turns	Jump by number Have two columns from 0 – 5, jump on a number on the right side then jump on the number on the left side. Add them together and find the answer and jump that many times.	Just dance and move around. Have fun and watch the Maple Leaf Teachers dance video
April 27 – 30	Obstacle course, Create your own obstacle course	Bottle flip fitness	Alphabet/name toss	Play Phys ed  BINGO	<b>Free Space</b>