

Western School Division
Professional Growth Plan

Teacher _____

School _____

Assignment _____

Principal _____

GOAL: To explore the use of Art Therapy as a tool to help students express themselves in a way they may find less intimidating and more effective.

SPECIFIC STRATEGIES:

I will attend the Art Therapy session by Sally Jones at SAGE in October.

I will use materials found on Arttherapy.com and in the Art Therapy Journal available through the division psychologist by the end of April.

I will access books from the Dept. of Ed. Library at 1181 Portage and include titles in the evidence of teacher growth section by the end of April.

I will initiate and participate in professional dialogues with counsellors from Western School Division and community based counsellors by the end of December.

I will use Art Therapy with several students by the end of March.

EVIDENCE OF TEACHER/LEARNER GROWTH:

In June I will be able to communicate to colleagues and peers why and how drawing is helpful in assisting children recovering from trauma.

By the end of April I will compile a list of teacher resources and support materials I found helpful, followed by those I did not find helpful.

By the end of April I will compile a list of strategies/activities I found effective followed by those I did not find effective.

By the end of April I will compile a list of professionals I have dialogued with about my Art Therapy counselling followed by their insights.

By the end of April I will have compiled through observation notes and anecdotal records evidence that students are using effective Art Therapy strategies specific to them and that they have an increased self-awareness.

SPECIFIC INFORMATION LISTS:

Teacher Resources and Materials that I found helpful were: book a, book b, article c from Phi Delta Kappan, article d from Psychology Today. Resources and materials I did not find useful were book e and article f from Psychology Today.

Strategies or activities I found helpful were strategy a, b and c. They clarified things for me and helped move children forward quickly with their progression of self-awareness. Strategies d, e

and f were fun but I did not find that they were helpful when working on the goals I had set for student learning.

I spoke with teacher a from Garden Valley and professor b from the U of M and found them most helpful with both giving me practical and user friendly guidance. I spoke with someone from the U of W who gave me advice that I was unable to include successfully with students.

Teacher Signature _____ Principal Signature _____